

- 1、**贫穷的**: poor 、 needy 、 impoverish=poverty-stricken
- 2、**富裕的**: rich 、 rich 、 wealthy 、 affluent 、 well-to-do 、 well-off
- 3、**优秀的**: excellent 、 eminent 、 top 、 outstanding
- 4、**积极的, 好的**: good、 conducive、 beneficial、 advantageous
- 5、**消极的, 不良的**: bad 、 detrimental、 baneful 、 undesirable
- 6、**明显的**: obvious 、 apparent、 evident、 manifest
- 7、**健康的**: healthy 、 robust 、 sound 、 wholesome
- 8、**惊人的**: surprising 、 amazing、 extraordinary 、 miraculous
- 9、**美丽的**: beautiful 、 attractive、 gorgeous 、 eye-catching
- 10、**有活力的**: energetic 、 dynamic 、 vigorous 、 animated
- 11、**流行的**: popular、 prevailing 、 prevalent、 pervasive
- 12、**普遍的**: everywhere、 widespread, prevail, ent, overflow, rampant
- 13、**好的**: good、 beneficial、 advantageous
- 14、**有害的**: harmful、 inhumane、 detrimental、 baneful
- 15、**富有的**: rich、 wealthy、 affluent
- 16、**贫穷的**: poor、 impoverished
- 17、**严重的**: serious、 severe
- 18、**明显的**: obvious、 manifest、 apparent、 evident

- 1、**Firstly**: previously, beforehand, foremost, initially, originally, firstly, principally, mainly, essentially, basically, generally, commonly, universally, on the whole, fundamentally, to begin with, to start with, first of all, at the outset、 、 、
- 2、**Then**: subsequently, afterward, thereafter, after that, succeeding(adj.), secondarily, what is more, furthermore (further more)、 、
- 3、**Lastly**: ultimately, eventually, in conclusion, to conclude, as a final point, last of all, last but not least, finally
- 4、**Too**: as well(句末) , in addition, besides, moreover, additionally, excessively, also、 、 、
- 5、**And**: plus, as well as, along with, in addition, besides, with、 、
- 6、**Or**: otherwise, if not, before, or else、 、
- 7、**So** (adv): therefore, thus, consequently, accordingly, as a result, for that reason, hence, that's why
- 8、**Only**: just, merely, barely, singly, solely, rarely、 、 、
- 9、**Very**: extremely, acutely, decidedly, deeply, exceedingly, greatly, highly, uncommonly, profoundly, unusually、

10、**But**: however, moreover, nevertheless, nonetheless, on the contrary, on the other hand, although, even though, though, even if, while, as, despite the fact that、

12、**Only**: just, merely, barely, singly, solely, rarely、 、

13、**Very**: extremely, acutely, decidedly, deeply, exceedingly, greatly, highly, uncommonly, profoundly, unusually、

🚩 1、**Meeting**: conference, discussion, assembly, conclave, congress, convention, gathering session, assignation, encounter, confrontation, argument, controversy.

2、**Study**: learning, application, lessons, reading, research, school wrk, examination, analysis, consideration! contemplation, inspection, investigation, knowledge, scholarship.

3、**Advantage**: benefit, dominance, precedence, profit, superiority, merit.

4、**Disadvantage**: shortcoming, weakness, inconvenience, drawback, deficiency, flaw, handicap (also、妨碍) , downside, limitation

5、**Impress**: affect, inspire, engrave on, imprint of,

6、**Stop**: halt, cease, conclude, desist, end, pause, put an end to, quit, refrain, shut down, terminate...

7、**Make**: create, assemble, built, construct, form, manufacture;fore, cause, compel, constrain, drive, impel, induce, oblige, prevail, upon,

8、**Give**: present, award, contribute, deliver, donate, grant, handover, hand out, provide, supply

9、**Break**: separate, burst, crack, destroy, disintegrate, fracture, fragment, shatter, smash, snap,

10、**Destroy**: ruin, raze, annihilate, crush, demolish, devastate, eradicate, shatter, wipe out, wreck, obliterate, weaken, undermine...

🚩 1、**替代**: replace, stand for, substitute for, take the place of, represent

2、**区分**: identify, distinguish...from, distinguish the difference, between...and...

3、**完成**: fulfill, accomplish, finish, complete, get through with sth, go through with sth.

4、**重视**: pay more attention to, lay emphasis on, attach importance/significance to

5、**反对**: be against, oppose, object to, be opposed to, argue against, make a stand against

6、**参加**: take, join in, take part in, get involved in, participate in, go in for

7、**赞成**: be for, favor, in favor of, approve of, be on one's side, argue for, take a stand for

8、**导致**: cause, lead to, result in, bring about, contribute to, account for, give birth to, give rise to

9、喜欢: be fond of, enjoy. take pleasure in, be interested in, take interest in, be keen on, be addiction to, be hooked on, have a passion for, have a great enthusiasm for, have a preference for

10、做调查: conduct/carry out a survey/an investigation



1、经历: undergo, experience, go through

2、感激: appreciate, be grateful/thankful to

3、认为, 宣称: believe, insist, maintain, hold, argue, assert, declare, claim

4、容纳: admit, accommodate, contain, hold, seat

5、适合: be suited to. be suitable for, be fit for

6、处理: deal with, do with, cope with, handle

7、记住: bear sth. in mind, learn sth. by heart

8、充当: act as, serve as, work as, function as

9、确保: see to it that, make sure that, ensure that

10、当心: watch out, look out, take care, be careful

11、表明: indicate, suggest, show. imply. make clear

12、依靠: depend on, rely on, be dependent on, count on

13、总计: it: total to, come to, amount to, add up to, reach

14、熬夜: stay up, sit up, be up late/far deep into the night

15、考虑: take account of, take sth. into account/ consideration

16、建立: establish, found, build, create, set up, put up

17、说服: persuade sb. into doing sth., persuade sb. to do sth

18、厌烦: be bored with, be fed up with, be tired of, be sick of



1、致力于: bend/devote/apply/commit/offer oneself to doing sth.

2、有益于: do good to, benefit, be of benefit to, be beneficial to

3、开始做: go about doing, set about doing, get down to doing, set out to do

4、尽全力: do one's best, spare no effort. make every effort. do everything that sb. can, go all out, strain every nerve

5、高度评价: speak highly of, sing high praise for

6、解决问题: solve/settle/fix/work out the problem

7、由...组成: consist of, be made up of, be composed of

8、照顾: care for, take care of, look after, attend to, tend on

9、对...有影响: affect, influence, have an impact/effect/ influence on/upon

- 10、提出问题: bring forward/put forward/raise/come up with/bring up a problem
- 11、有吸引力: attract, appeal to, be appealing to, be attractive to, be attracted to
- 12、对...负责: be in charge of, take charge of, be responsible for, take responsibility for
- 13、把...当成: see/view/regard/treat/consider/think of..as..
- 14、达成协议: make/reach/arrive at/come to/work out an agreement, make terms, come to terms
- 15、充分利用: make full use of, make the most of, take~advantage; make the best of

-  1、留下印象: impress sth. on sb., impress sb with, make/leave a deep impression on sb.
- 2、全神贯注: center/focus/ concentrate on, fix one 's attention on, put one's heart into, be absorbed/buried/lost/engaged/occupied in
- 3、与...有联系: be associated/linked/connected with, be related to, have sth.to do with
- 4、做事有困难: have difficulty/trouble (in) doing sth., have trouble/difficulty with sth.
- 5、担心: be worried about, be concerned about, be anxious about
- 6、耗尽: use sth, up, run out of sth, sth give out, exhaust
- 7、满足需求: meet/satisfy/suit/fulfill/cater to one\'s need
- 8、摆脱...的习惯: kick/break/get out of/fall out of the habit of doing sth.
- 9、促进...的发展: accelerate/promote/stimulate/advance the development of sth.
- 10、提高...的意识: raise/increase/sharpen/strengthen/awake/arouse people\'s awareness of
- 11、养成...的习惯: form/fall into/ get into/pick up/develop/slide into the habit of doing sth.
- 12、与...和谐相处: live in harmony with, be at peace with, live in peace with, get on/along well with
- 13、面临困难: be faced with, face, confront, encounter difficulty

- 1、易碎的; 易受攻击的: fragile=vulnerable
- 2、表明: show=demonstrate
- 3、大量的; 巨大的: big=massive、tremendous
- 4、避开; 避免: avoid=shun, escape
- 5、公平的: fair=impartial
- 6、攻击; 袭击: attack=assault
- 7、讨厌 dislike=hate
- 8、毁灭; 毁坏: ruin=devastate
- 9、固定 fix=attach
- 10、考虑 consider=take..into account

- 19、明显的: obvious=apparent, manifest
- 20、基于; 源自于 : based on=derived from
- 21、确信: be certain of=be sure of
- 22、相当; 非常 : quite=fairly
- 23、可悲的: pathetic=lamentable
- 24、领域; 区间: field=domain
- 25、出现 appear=emerge
- 26、整个的: whole=entire
- 27、湿润的; 潮湿的: wet=moist, damp, humid
- 28、错误的: wrong=erroneous

11、一直；总是：always=invariably
12、永久的：forever=perpetual, immutable

13、危险的：dangerous=perilous, hazardous

14、最近：nowadays=currently

15、只有；仅仅；唯一：only=unique, distinctive;

16、停止：stop=cease

17、部分；成分：part=component

18、结果；影响：result=consequence

29、艰难的：difficult=formidable
30、改变；转换：change=convert

31、特别的；具体的：typical=characteristic, distinctive, representative

32、小心的：careful=cautious, prudent

33、能力：ability=capacity, capability

34、奇怪的；古怪的：strange=eccentric

35、富有的；丰富的：rich=affluent

36、使用；利用 use= utilize

37、共同的；通用的：common, universal

38、邻近的：near, adjacent, adjoin

39、精确的：accurate, precise, exact

40、最高的；最优的：top, peak, summit

41、初级的；基本的：primary, radical, fundamental

42、勤勉的：hard-working, industrious

43、费力的：difficult, arduous

44、贫瘠的：poor, barren, infertile

45、易碎的；易受攻击的：fragile, vulnerable

46、公平的：fair, impartial

47、永久的：forever, perpetual, immutable

48、沉闷的；乏味的：boring=tedious

49、危险的：dangerous, perilous

50、湿润的；潮湿的：wet, moist, damp, humid

51、特别的；具体的：typical, characteristic, distinctive, representative

52、坚持：stick, adhere, cling

53、忽视；忽略：neglect, ignore

54、追求；寻求：pursue, seek

55、责备；归咎于：blame, condemn

56、侮辱；辱骂：insult, humiliate

57、抱怨：complain, grumble

58、解除；减轻：relieve, alleviate

59、促使；强迫：force, compel

60、避开；避免：avoid, shun, escape

61、毁灭；毁坏：ruin, devastate

62、使震惊；使惊奇：surprise, startle, astound, astonish

63、重要的：important, significant, vital, key

64、古代的；陈旧的：ancient, archaic, antique, aged

65、充足的，丰富的：adequate, abundant, sufficient

66、明显的：obvious, apparent, remarkable

67、消极的：harmful, negative, damaging, detrimental

68、大量的：a host of, a vast number of, a vast amount of, a great deal of