

词汇	词根/词缀	联想记忆法	例句
anatomy	ana- (分开) + tomy (切)	"身体切分研究"→解剖学	Human anatomy is essential for medical students.
antibiotic	anti- (抗) + bio (生命)	"抗生命体"→抗生素	Overuse of antibiotics causes resistance.
chronic	chron (时间) + ic	"长时间持续"→慢性的	Diabetes is a chronic condition.
diagnosis	dia- (通过) + gnosis (知)	"通过症状知晓"→诊断	Early diagnosis improves treatment outcomes.
epidemic	epi- (在...上) + dem (人)	"人群爆发"→流行病	The flu epidemic overwhelmed hospitals.
hygiene	hygie (健康) + ne	"健康习惯"→卫生	Hand hygiene prevents infections.
immunity	immun (免除) + ity	"免除疾病"→免疫力	Vaccines strengthen immunity.
inflammation	in- (内) + flamm (火)	"内部燃烧"→炎症	Inflammation causes swelling and pain.
malnutrition	mal- (坏) + nutrition	"不良营养"→营养不良	Poverty often leads to child malnutrition.
prescription	pre- (前) + script (写)	"提前写好的"→处方	The doctor wrote a prescription.
therapy	therap (治疗) + y	"治疗手段"→疗法	Physical therapy aids recovery.
vaccine	vacc (牛) + ine	"牛痘衍生"→疫苗	Polio vaccines eradicated the disease in many.
allergy	all (异) + erg (反应)	"异常反应"→过敏	Peanut allergies can be life-threatening.
cardiac	cardi (心) + ac	"心脏相关的"→心脏的	Cardiac arrest requires immediate CPR.
dementia	de- (去) + ment (心智)	"心智丧失"→痴呆症	Dementia affects memory and reasoning.
genetic	gene (基因) + tic	"基因的"→遗传的	Genetic testing reveals disease risks.
neurology	neur (神经) + logy	"神经研究"→神经学	Neurology deals with brain disorders.
obesity	obes (胖) + ity	"肥胖状态"→肥胖症	Childhood obesity is a growing problem.
pediatric	ped (儿童) + iatric	"儿童治疗"→儿科的	Pediatricians specialize in children's health.
rehabilitation	re- (再) + habilit (能力)	"恢复能力"→康复	Rehabilitation helps stroke survivors regain skills.
symptom	sym- (共) + ptom (现象)	"共同现象"→症状	Fever is a symptom of infection.
transplant	trans- (跨) + plant	"跨体种植"→移植	Organ transplants save lives.
virus	-	"毒液"拉丁词源→病毒	The common cold is caused by a virus.
anesthesia	an- (无) + esthes (感)	"无感觉"→麻醉	General anesthesia is used for major surgeries.
biopsy	bio (生命) + opsy (看)	"生命组织观察"→活检	A biopsy confirmed the tumor was benign.
carcinogen	carcin (癌) + gen (生)	"致癌物质"→致癌物	Tobacco contains carcinogens.

dehydrate	de- (去) + hydr (水)	"去除水分"→脱水	Athletes must avoid dehydration.
fracture	fract (破) + ure	"骨头破裂"→骨折	A wrist fracture requires a cast.
hemorrhage	hemo (血) + rrhage (流)	"血流不止"→大出血	Internal hemorrhage is life-threatening.
insomnia	in- (无) + somn (睡)	"无法入睡"→失眠症	Stress triggers insomnia.
metabolism	meta- (变化) + bol (抛)	"物质变化"→新陈代谢	Exercise boosts metabolism.
nausea	—	"晕船"希腊词源→恶心	Chemotherapy often causes nausea.
orthopedic	ortho (直) + ped (足)	"矫正足部"→骨科的	Orthopedic surgeons treat bone deformities.
pandemic	pan (全) + dem (人)	"全人群传播"→大流行病	COVID-19 was declared a pandemic in 2020.
quarantine	quarant (四十) + ine	"40天隔离"→检疫期	Travelers from hotspots faced quarantine.
sterile	ster (硬) + ile	"无生命硬态"→无菌的	Surgical tools must be sterile.
trauma	—	"创伤"希腊词源→外伤	Psychological trauma requires counseling.
ulcer	—	"溃烂"拉丁词源→溃疡	Stomach ulcers cause burning pain.
venom	—	"毒液"拉丁词源→毒液	Snake venom can be deadly.
wound	—	"伤"古英语词源→伤口	Clean the wound to prevent infection.
x-ray	—	"X射线"→X光检查	The dentist took an X-ray of my teeth.
yoga	—	"瑜伽"梵语词源→瑜伽	Yoga improves flexibility and relaxation.
zinc	—	"锌"德语词源→锌元素	Zinc supplements boost immunity.
acupuncture	acu (针) + punct (刺)	"针刺疗法"→针灸	Acupuncture relieves chronic pain.
bacteria	bacter (杆) + ia	"杆状微生物"→细菌	Antibiotics kill harmful bacteria.
chemotherap	chemo (化学) + therapy	"化学疗法"→化疗	Chemotherapy targets cancer cells.
disinfect	dis- (去) + infect	"去除感染"→消毒	Disinfect surfaces to kill germs.
parasite	para (旁) + site (食)	"靠旁生存者"→寄生虫	Malaria is caused by a parasite.
prosthesis	pros- (附加) + thesis	"附加装置"→假肢	Modern prostheses mimic natural movement.